

Parcours	Sexe	Rang	Dossard	NOM	Prenom	Catégorie	Club					
5 km	F	1	18	GARRABOS	Chloe	SEF	Team St Vidal		0h 25Min 31Sec		11.76 km/h	
		2	8	ONZON	Nathalie	M2-3F	Les guignols		0h 33Min 27Sec		8.97 km/h	
		3	14	MIOLANE	Christine	M4-5F	CLF		0h 34Min 09Sec		8.78 km/h	
		4	11	GROS	Odile	M4-5F			0h 34Min 52Sec		8.60 km/h	
		5	6	SANCHEZ	Alexandra	CAF			0h 38Min 23Sec		7.82 km/h	
		6	12	CHELLE	Solene	SEF			0h 39Min 23Sec		7.62 km/h	
		7	4	SANCHEZ	julia	M0-1F			0h 39Min 30Sec		7.59 km/h	
	M		1	3	ROCHE	Axel	JUH	Team Run Forez		0h 20Min 49Sec		14.41 km/h
			2	100	VALENTIN	Nicolas	SEH	Le Colibri Frenchy		0h 22Min 28Sec		13.35 km/h
			3	2	BOUGEROL	Baptiste	MIH			0h 22Min 50Sec		13.14 km/h
			4	19	JARRIGE	Mickaël	M0-1H	CAL Riom		0h 22Min 53Sec		13.11 km/h
			5	1	CHOMETTE	Aurélien	SEH			0h 23Min 24Sec		12.82 km/h
			6	16	VALENTIN	Jean-Paul	M2-3H	Le Colibri Frenchy		0h 24Min 52Sec		12.06 km/h
			7	21	CROCHET	Thomas	SEH			0h 25Min 00Sec		12.00 km/h
			8	10	JOB	Christophe	M2-3H			0h 25Min 34Sec		11.73 km/h
			9	7	SANCHEZ	Nicolas	MIH			0h 27Min 18Sec		10.99 km/h
			10	13	PABIOT	Léo	JUH			0h 28Min 31Sec		10.52 km/h
		11	17	PAILHES	Kévin	SEH	Team St Vidal		0h 29Min 26Sec		10.19 km/h	
		12	24	QUATRESOUS	Michel	M2-3H			0h 30Min 03Sec		9.98 km/h	
		13	25	FANTINI	Pierre	M2-3H			0h 30Min 26Sec		9.86 km/h	
		14	22	CROCHET	François	M4-5H			0h 30Min 51Sec		9.72 km/h	
		15	23	BOUDON	Thierry	M2-3H			0h 35Min 59Sec		8.34 km/h	
		16	15	PONTET	Jean-Baptis..	M0-1H	Ambert et contre tous		0h 36Min 01Sec		8.33 km/h	
		17	20	JOB	Daniel	M6-7H			0h 39Min 11Sec		7.66 km/h	
10 km	F	1	119	CHAMPEY	Alison	SEF	CLF		0h 46Min 53Sec		12.80 km/h	
		2	116	JOUBERT	Ludivyne	M0-1F	Team run forez		0h 53Min 46Sec		11.16 km/h	
		3	113	DUBREUIL	Marine	SEF			0h 56Min 20Sec		10.65 km/h	
		4	108	SANCHEZ	Aracely	M0-1F			0h 57Min 03Sec		10.52 km/h	
		5	128	VIGOT	Aude	M2-3F	Ambert		1h 04Min 20Sec		9.33 km/h	
		6	104	GARDY	Sandra	M0-1F			1h 07Min 52Sec		8.84 km/h	
	M		1	124	LIFFAUD	Quentin	SEH	Le Puy-en-Velay Triathlon		0h 35Min 30Sec		16.90 km/h
			2	122	MIOLANE	Cédric	SEH	CLF		0h 37Min 44Sec		15.90 km/h
			3	110	CARVALHO	Jean Paul	M2-3H	A.S.M.		0h 38Min 19Sec		15.66 km/h
			4	112	CHANTELAUZE	Stéphane	M2-3H	Team Run Forez		0h 39Min 39Sec		15.13 km/h
5	103	QUATRESOUS	Maxime	ESH			0h 40Min 02Sec		14.99 km/h			



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10 km	M	6	118	CELLIER	Bastien	SEH	Team St Vidal			0h 40Min 03Sec		14.98 km/h		
		7	126	QUATRESOUS	Matheo	CAH				0h 41Min 49Sec		14.35 km/h		
		8	111	PRAT	Corentin	SEH	CLF				0h 42Min 02Sec		14.27 km/h	
		9	117	PAILHES	Pascal	M2-3H	Team St Vidal				0h 43Min 49Sec		13.69 km/h	
		10	123	AVANTURIER	François	M2-3H					0h 44Min 27Sec		13.50 km/h	
		11	109	FRANÇOIS	Benjamin	SEH					0h 45Min 09Sec		13.29 km/h	
		12	105	RENAUDIN	Rémi	SEH	Doucement le matin pas trop v..				0h 46Min 09Sec		13.00 km/h	
		13	120	SARTORI	Serge	M4-5H	Team Ben Run				0h 48Min 31Sec		12.37 km/h	
		14	101	MAURY	Mickael	SEH					0h 52Min 54Sec		11.34 km/h	
		15	131	MAGAUD	Florian	M0-1H					0h 55Min 07Sec		10.89 km/h	
		16	107	SANCHEZ	Léonard	M2-3H					0h 57Min 04Sec		10.51 km/h	
		17	130	CHAMBE	Ghislain	M0-1H					0h 58Min 07Sec		10.32 km/h	
		18	132	GUILLY	Yvan	M0-1H					0h 59Min 33Sec		10.08 km/h	
		19	129	BOULEGUE	André	M4-5H					0h 59Min 52Sec		10.02 km/h	
		20	106	GRANET	David	SEH					1h 00Min 19Sec		9.95 km/h	
		21	127	CLAVEL	Laurent	M4-5H					1h 01Min 31Sec		9.75 km/h	
		22	125	PARROT	Patrick	M8-9H	US Issoire				1h 16Min 19Sec		7.86 km/h	
		15 km	F	1	203	PORTE	Marion	SEF	CLF			1h 23Min 33Sec		10.77 km/h
				2	227	CHABROL	Agathe	ESF				1h 25Min 40Sec		10.51 km/h
				3	223	BENIER	Annie	M6-7F				1h 31Min 47Sec		9.81 km/h
				4	230	PELISSIER	Agnès	M2-3F				1h 36Min 33Sec		9.32 km/h
				5	225	FAVEYRIAL	Gaelle	M2-3F				1h 36Min 34Sec		9.32 km/h
M	1		212	BERGERARD	Mickael	M0-1H	Team Run Forez			0h 55Min 04Sec		16.34 km/h		
	2		202	CROZE	Benedikt	SEH	Catrucks WTF			0h 55Min 06Sec		16.33 km/h		
	3		221	ANDRÉ	Guénaël	SEH	Union Sportive St Georges Les..			0h 55Min 41Sec		16.16 km/h		
	4		201	PRAT	Maxime	ESH	CLF			0h 59Min 40Sec		15.08 km/h		
	5		204	SABLAYROLLES	Bertrand	M2-3H				1h 00Min 55Sec		14.77 km/h		
	6		219	AUSTRUI	Marius	ESH	Union sportive saint Georges l..			1h 04Min 44Sec		13.90 km/h		
	7		210	BORDEL	Francis	SEH	CLF			1h 07Min 35Sec		13.32 km/h		
	8		207	GENESTIER	Vincent	M2-3H	RCT			1h 11Min 17Sec		12.63 km/h		
9	231	PERNET	Francis	M4-5H	CLF			1h 13Min 01Sec		12.33 km/h				
10	229	FAISANDIER	Florent	M0-1H	Team St Vidal			1h 15Min 00Sec		12.00 km/h				
11	205	SCHMITT	Sylvain	M4-5H	SAINT-MAURICE ENDURANCE			1h 17Min 11Sec		11.66 km/h				
12	217	PERA	David	M2-3H	Team Run Forez			1h 18Min 46Sec		11.43 km/h				
13	228	DELAPORTE	Bruno	M4-5H	CLF			1h 20Min 40Sec		11.16 km/h				



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15 km	M	14	209	BORDEL	Robert	M6-7H	CLF	1h 20Min 41Sec		 11.15 km/h					
		15	222	HUSSON	Daniel	M6-7H		1h 22Min 24Sec		 10.92 km/h					
		16	220	ANDRIEUX	Patrice	M6-7H	CLF	1h 23Min 34Sec		 10.77 km/h					
		17	214	LECOCQ	Cédric	M0-1H		1h 23Min 53Sec		 10.73 km/h					
		18	215	BLANCHARD	Kévin	SEH		1h 24Min 45Sec		 10.62 km/h					
		19	213	BLANCHARD	Mael	SEH		1h 25Min 30Sec		 10.53 km/h					
		20	211	SANCHEZ	Alexandre	M0-1H		1h 25Min 37Sec		 10.51 km/h					
		21	216	BLANCHARD	Ronan	SEH		1h 26Min 05Sec		 10.45 km/h					
		22	226	CHABROL	Didier	M2-3H		1h 26Min 35Sec		 10.39 km/h					
		23	224	COUDEYRAS	Davy	M2-3H	Running Cathédrale Team	1h 29Min 38Sec		 10.04 km/h					
		24	206	MAIGNE	Aurelien	M0-1H	RCT	1h 34Min 44Sec		 9.50 km/h					
										150	100	50	00	10	20
										Temps (min)		Vitesse moyenne			