

Parcours	Catégorie	Dossard	NOM	Prenom	Club						
5 km	JUH	3	ROCHE	Axel	Team Run Forez			0h 20Min 49Sec	14.41 km/h		
	M2-3F	8	ONZON	Nathalie	Les guignols			0h 33Min 27Sec	8.97 km/h		
	M4-5F	14	MIOLANE	Christine	CLF			0h 34Min 09Sec	8.78 km/h		
	MIH	2	BOUGEROL	Baptiste				0h 22Min 50Sec	13.14 km/h		
	SEF	18	GARRABOS	Chloe	Team St Vidal			0h 25Min 31Sec	11.76 km/h		
	SEH	100	VALENTIN	Nicolas	Le Colibri Frenchy			0h 22Min 28Sec	13.35 km/h		
10 km	M0-1F	116	JOUBERT	Ludivyne	Team run forez			0h 53Min 46Sec	11.16 km/h		
	M2-3H	110	CARVALHO	Jean Paul	A.S.M.			0h 38Min 19Sec	15.66 km/h		
	SEF	119	CHAMPEY	Alison	CLF			0h 46Min 53Sec	12.80 km/h		
		113	DUBREUIL	Marine				0h 56Min 20Sec	10.65 km/h		
	SEH	124	LIFFAUD	Quentin	Le Puy-en-Velay Triathlon			0h 35Min 30Sec	16.90 km/h		
		122	MIOLANE	Cédric	CLF			0h 37Min 44Sec	15.90 km/h		
15 km	ESF	227	CHABROL	Agathe			1h 25Min 40Sec	10.51 km/h			
	ESH	201	PRAT	Maxime	CLF			0h 59Min 40Sec	15.08 km/h		
	M0-1H	212	BERGERARD	Mickael	Team Run Forez			0h 55Min 04Sec	16.34 km/h		
	SEF	203	PORTE	Marion	CLF			1h 23Min 33Sec	10.77 km/h		
	SEH	202	CROZE	Benedikt	Catrucks WTF			0h 55Min 06Sec	16.33 km/h		
		216	BLANCHARD	Ronan				1h 26Min 05Sec	10.45 km/h		
						150	100	50	00	10	20
						Temps (min)			Vitesse moyenne		